



Club Health 2019

Amsterdam

Stop lying, change the drug policy now!

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Why people goes out?



Self-actualization

Esteem

belonging

safety

physiological



Why people goes out?



NEWS POLITICS VOICES FINAL SAY SPORT CULTURE VIDEO INDY/LIFE INDYBEST LONG READS IN

Going to concerts helps you live longer, research

A study says live gigs could increase well-being by 21 percent

Ilana Kaplan | Tuesday 27 March 2018 22:34 | 13 comments

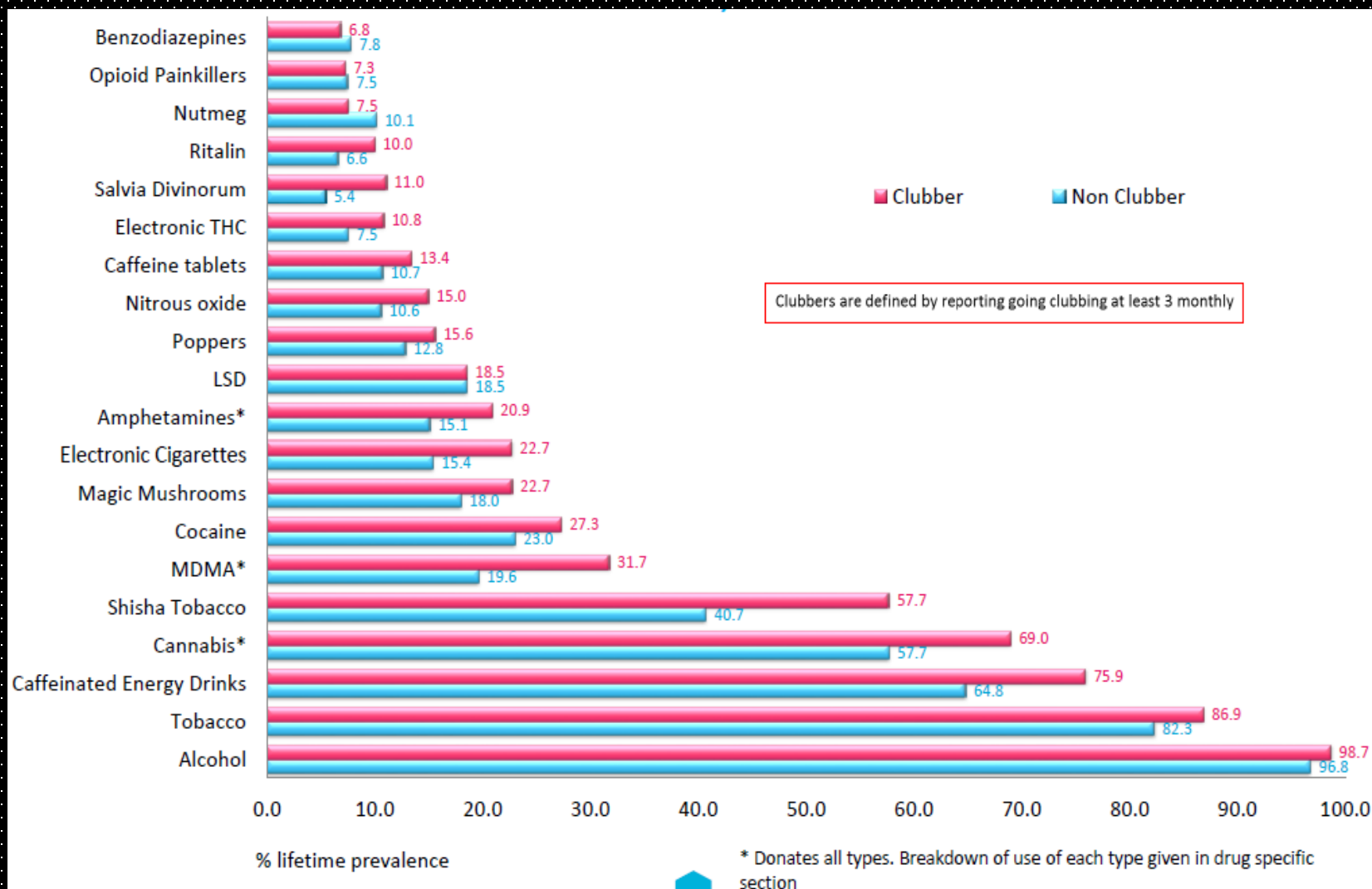


Going to a gig will help you live longer, according to new research.

According to **a new study by O2** - which owns some of the largest music venues in the UK - alongside Goldsmith University's Associate Lecturer Patrick Fagan, regularly attending live shows can help expand your lifespan.

The study says that 20 minutes at a show "can lead to a 21 percent increase in that

Are clubber more on drugs?



Global Drug Survey 2014, N=75'000

Drugs at festival/club

- Music and light are modulated
- Shared experience
- Exchange of episodes
- New insights through altered state of mind
- New friendships through "we feeling" and higher empathy
- New experiences through lack of inhibition
- Well-being through a good experiences



- Health and mental risks
- Difficult risk assessment – related to the black market
- Bad Trip
- Bad common experiences
- Increased distrust,
- Fights related to substances possession or money
- Psychological or physical abuse under the influence of substances

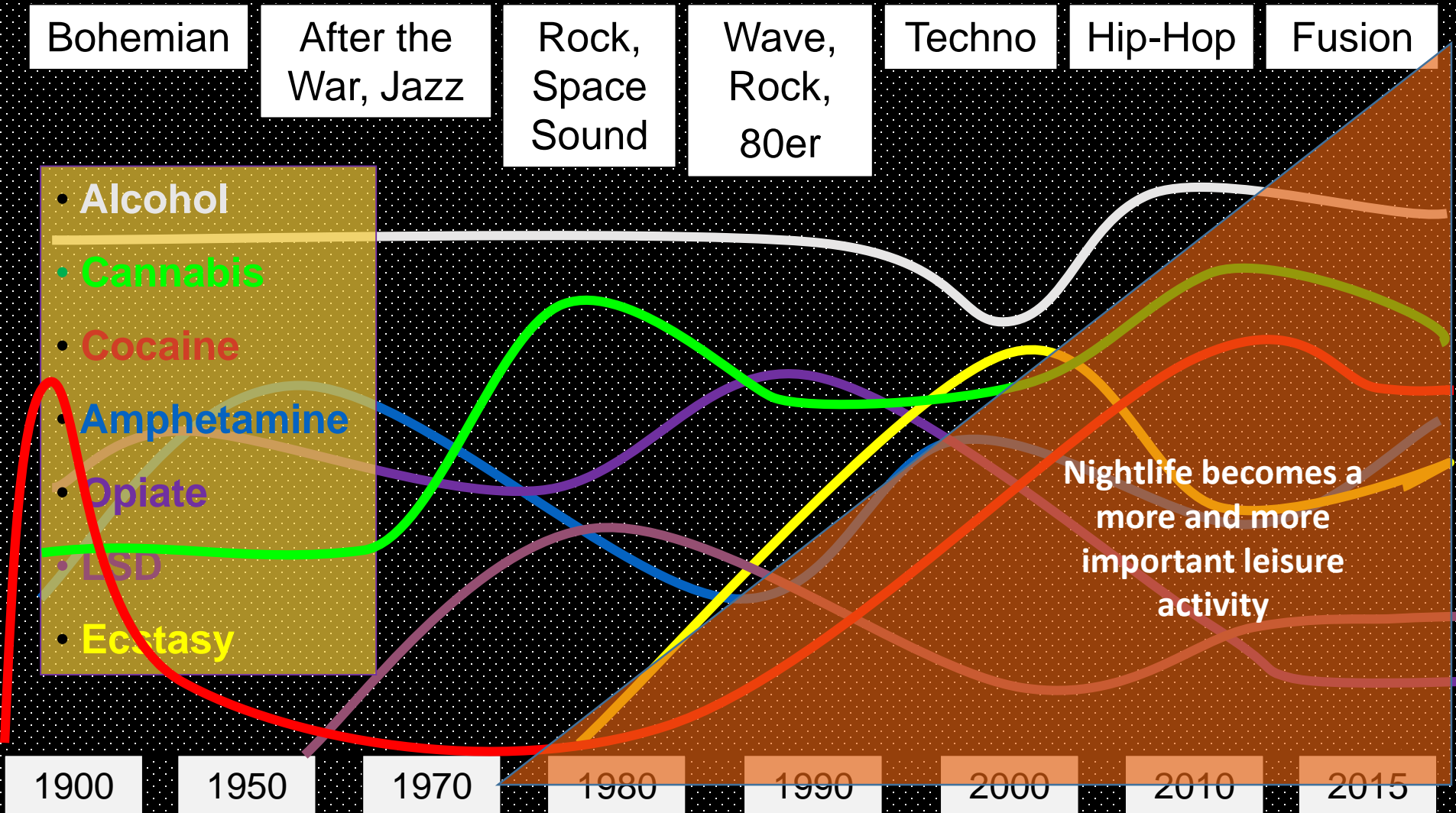


Depending on Drug, Set and Setting

“Positive” side-effects of drug use..

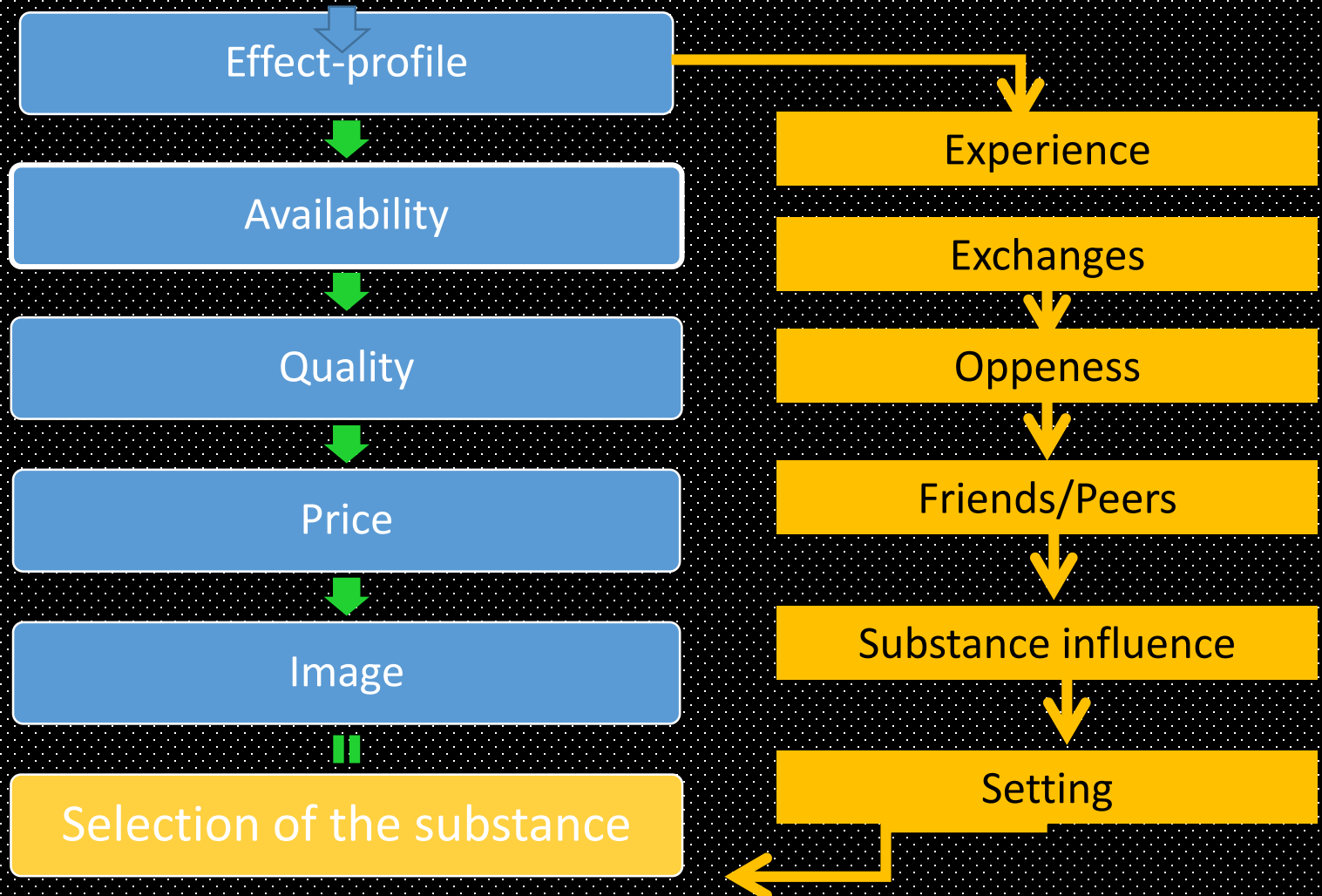
- Euphoria (alcohol, mephedrone, cocaine, XTC)
- People are dancing (alcohol, cocaine, XTC)
- Excessive party mood (alcohol, XTC)
- Increased energy (XTC, amphetamine, cocaine)
- You go home later (Amphetamine, XTC)
- Empathy, Openness (Alcohol, XTC)
- Higher willingness to drink (cocaine)
- Higher tip (alcohol, cocaine)

Drugs and music history



Drugs are taken because the effect

User: Expectations, needs, personal and mental circumstances



Actual drug policy leads to.....

Illegal market

Street-Dealing

Deep-Web market

Misuse prescribed drugs

Financing illegal
structures

Unexpected cutting
agents

Legal market

New Psychoactive
Substances

Unknown amount of
active ingredients

Promotion

New products (more
fancy, sexy etc.)

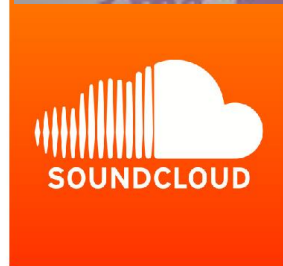
Underhestimation of the
risk

Prescribed drugs in the night...

Xanax rapper starter pack



"I'm so sad I can't wait to die maaaaan"



Every song ever: "Wake up pop a dozen Xan, I don't give a fuck if I never breathe again"



Mouth breathing is cool mmmkay



"I spent my earnings on more drugs instead of professional help hahaha I'm wild"

Followers: 1mil +

Responses today...



ZERO TOLERANCE DRUGS POLICY

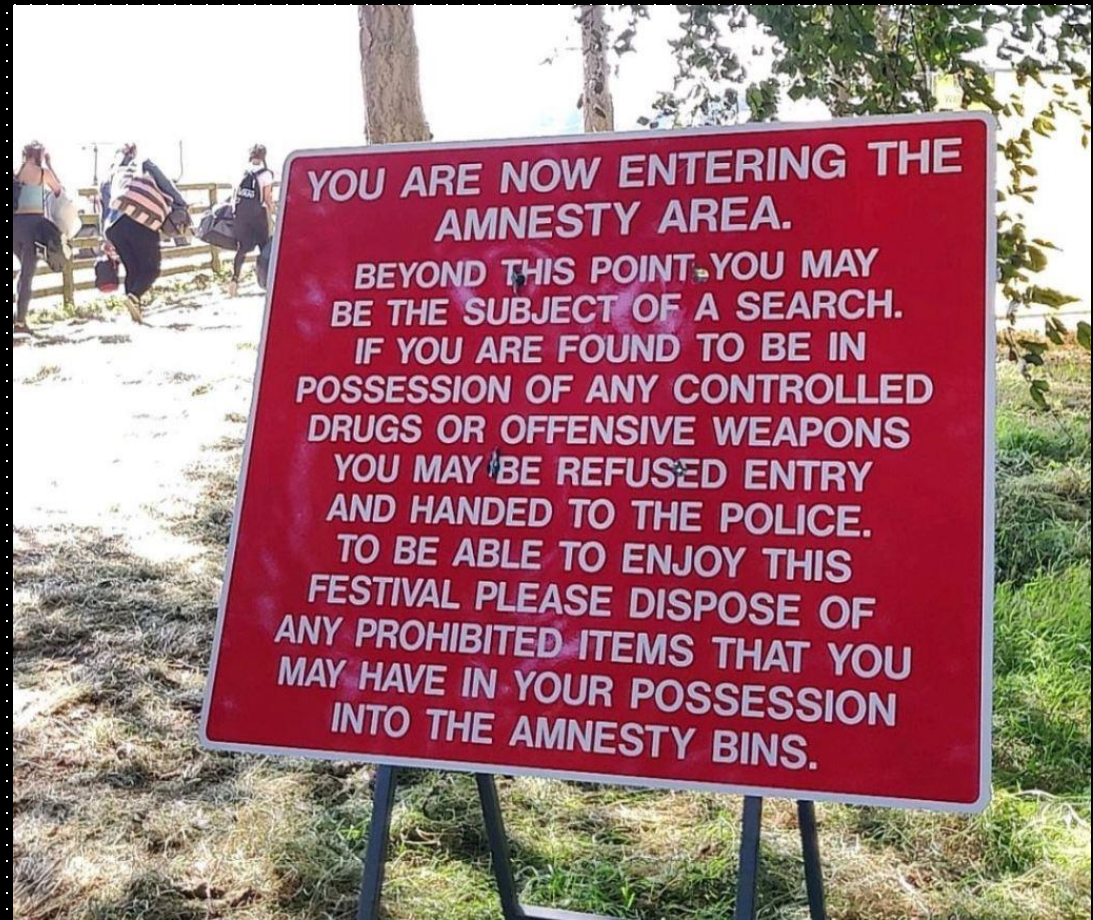
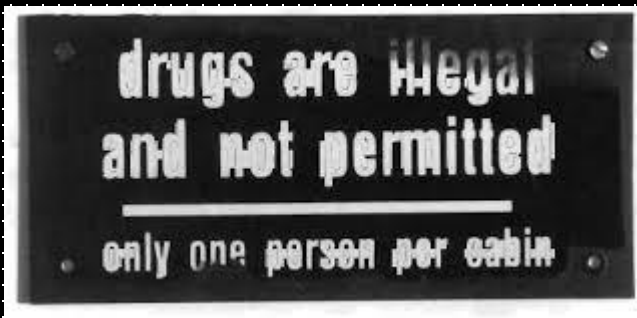
Tomorrowland and DreamVille conduct an absolute zero tolerance policy in regard to drugs.

It is forbidden to use, deal and/or to be in possession of drugs on both the festival grounds and camping site. If you are caught using and possession of drugs, you will be forced to leave. We will keep a keen eye out to make sure that everyone is safe. This policy is rigorously enforced and in relevant situations, we will call the police.

Before entering the festival grounds and/or camping site, you must declare any drugs you may have in special drug amnesty bins. Please follow the directions and instructions of the (security) personnel. If you are caught with any suspicion or actual possession of illegal or controlled substances, we will stop you.



Responses today



Responses today..



Responses today..



pic: mysticpics.ch
burning mountain
FESTIVAL

Responses today..



- **Situation:** first Drug Checking service was established 30 years ago in the Netherlands, because there was an increase of the use of illegal substances and “party-drug-user” were hard to reach
- **Aim:** Detection of unexpected, more dangerous, substances (harm reduction); improving the access to the group of recreation drug users
- **Method:** combination of an analysing service for psychoactive substances and a personal support offer
some DC-services are mobile, active on-site at party’s

Limits..



- **Prevention:** is often seen as nice, correct but there is no need to adapt the personal risk-behaviour
- **Harm Reduction:** is not possible in every country, limitation true the illegal market – is harm reduction possible if you don't know the compounds of your substances?
- **Drug Checking:** not possible everywhere in the world, limited analysing capacities, some limitation regarding the methods used by DC-services.
- **Repression:** kills, creates a conflict area

Conflict area drug use @night...

- Pretention of the society
- Media opinion



- Needs of the guests
- Interest to get high

- Legal framework
- Pretention of the authority

- Hiding the truth
- Fear to call the ambulance
- Doubts about prevention and harm reduction on site

Shut down of venues

EveningStandard.

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News › London

London nightclub Fabric to permanently

The mayor has cited "repeated illegal drug-related activity" for the order, which the Belgian club has called "completely out of proportion."

Teilen



The Belgian nightclub **Kompass Klub** has been ordered to close until July by the mayor of Ghent.

Mayor Mathias De Clercq released a statement on Wednesday citing "repeated illegal drug-related activity" inside the venue, located on Ottergemsesteenweg Zuid. "This temporary closure should allow Kompass Klub to strengthen and professionalize its organization," read the statement. The closure order could be lifted after two months, subject to Kompass Klub proposing



Repression kills

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Drug dogs at festivals increase risk of overdoses

 Last updated May 10, 2019 at 3:21 pm

Topics: [THE BODY](#)

Deploying drug detection dogs at public places, including music festivals, encourages users to adapt their drug consumption and increases risk of overdose.

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People are still dying at events



 **DEVELOPING STORY**

FESTIVAL DRUG DEATHS

Two people are dead and three remain in a critical condition

yahoo7.com.au/sunrise

CAN 16°



7.33

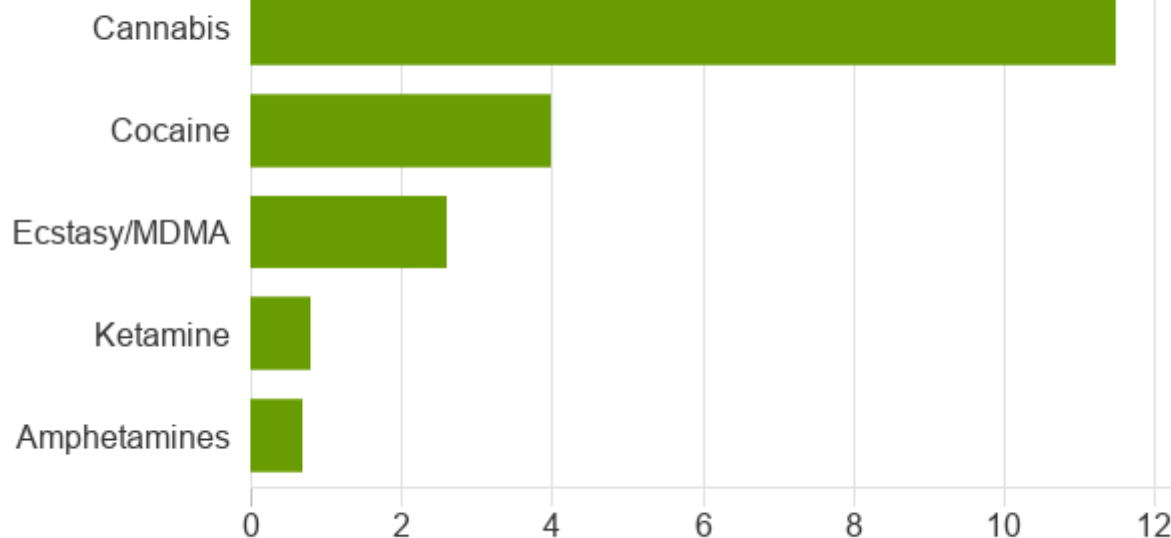


Which substances should be regulated?

The «top five»

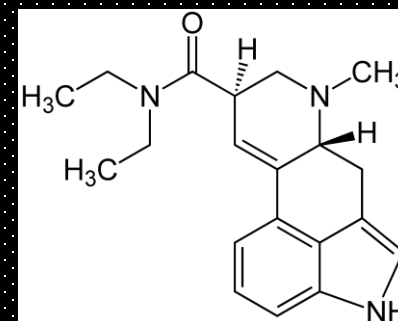
Drug use among UK 15 to 34-year-olds

■ Percentage



Source: European Monitoring Centre for Drugs and Drug Addiction

BBC



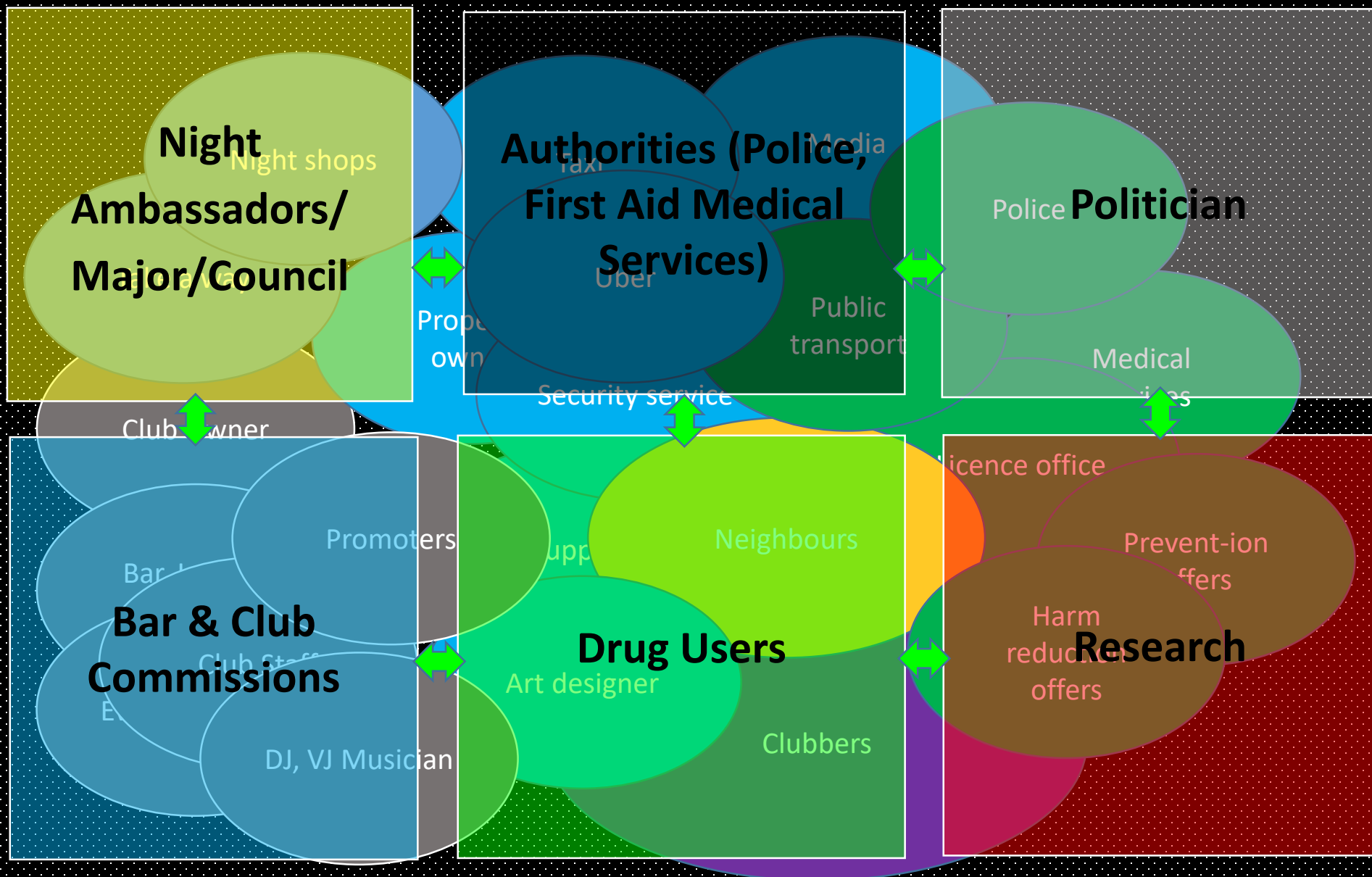
Possible regulation model?



Regulation needs to be based..

- On the needs of the users, related to
 - Accessibility
 - The access should be on the same threshold as the illegal
 - Price
 - The pricing of the substances should be attractive for users – same level as the black market
 - Ingredients (active compound)
 - The variety (in relation to active compounds) should take care about the users-needs
- On public-health interest
 - Minor-protection
 - Access to the group of recreational drug users
 - Facilitating personals support
 - Avoiding other risk – like drug & driving

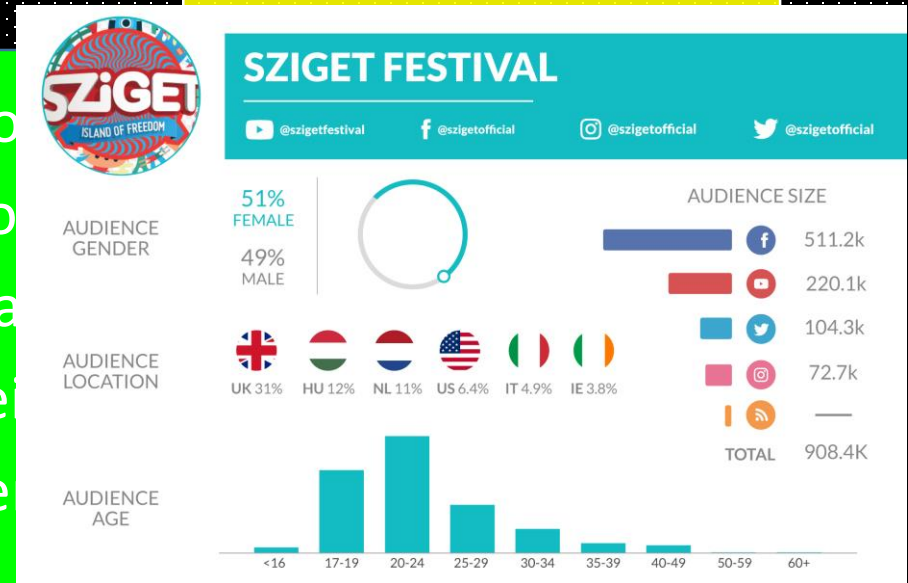
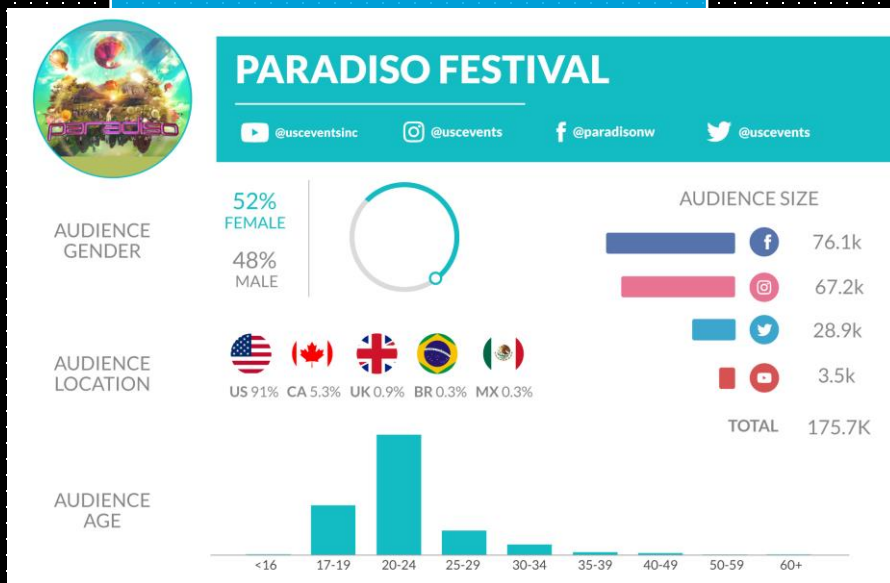
How to achieve a change?



How the nightlife culture can help..

Promoting the reflection about drug policy: be honest – talking about the reality

Supporting new policy: becoming part of the discussion, open for a pilot



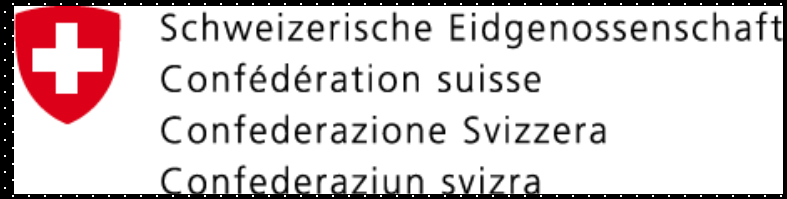
Keep on the discussion

NIGHTS –2019

28th to the 30th of November
Berlin (Germany)

Panel on drug policy and nightlife-
culture

The Nightlife Conference
4 thematic pillar - 1 umbrella
www.nights-conference.org



THANK YOU!!

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