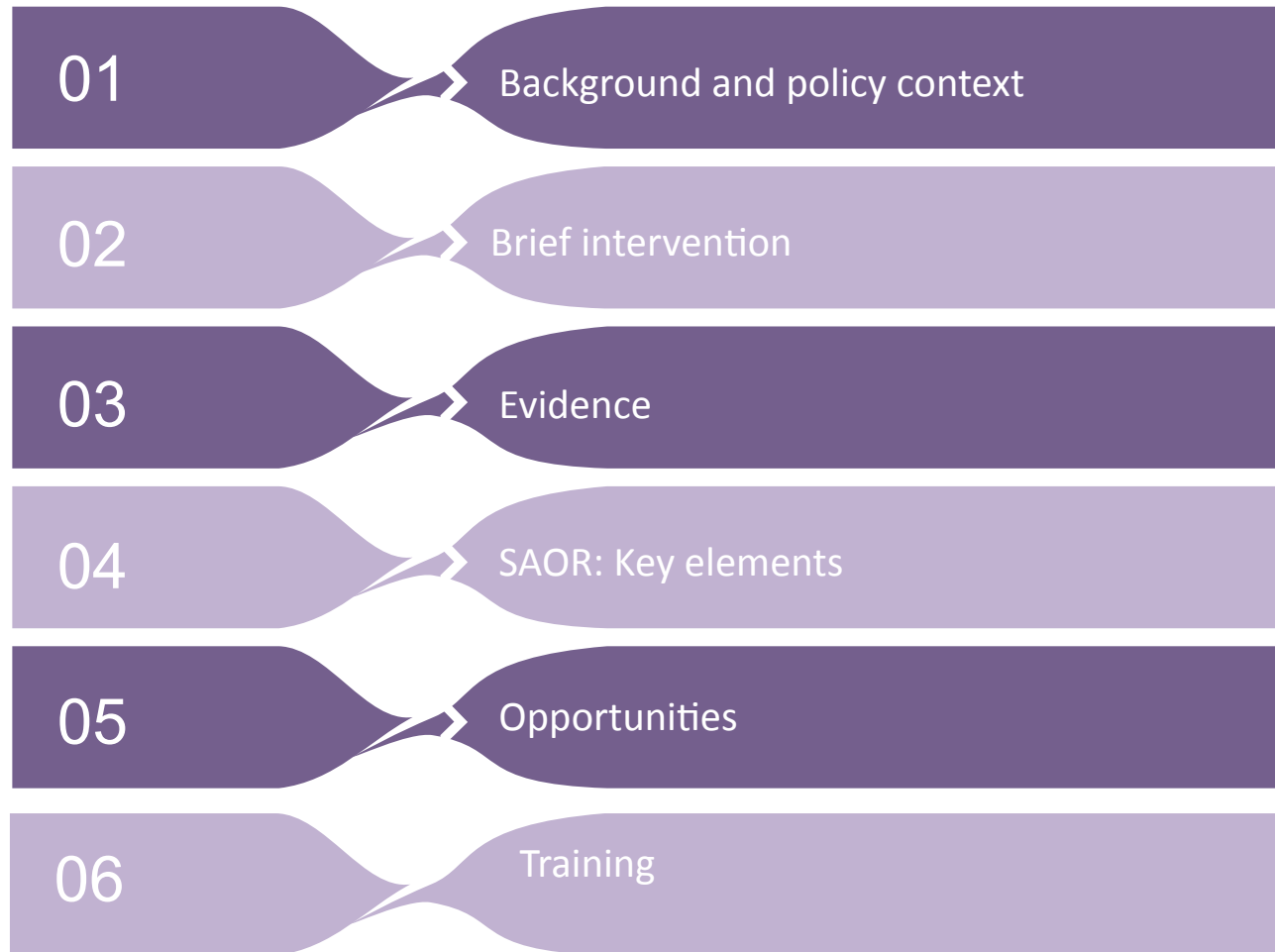


SAOR Screening and Brief Intervention for Problem Alcohol and Substance Use

Nicola Corrigan
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Overview...



Background and policy context



Background to the National Screening and Brief Intervention (SBI) Project

- Mapped alcohol related interventions in all acute hospitals nationally;
- Consulted with HSE staff nationally;
- Collated an evidence base for the implementation of SBI across the HSE;
- Conducted a SBI feasibility study in the ED

(Armstrong,R and Barry, J “Towards a framework for implementing evidence based alcohol interventions” IMJ, 2014, Vol .107 No.2)

| | Waterford R.H Total number screened = 381 | Letterkenny G.H Total number screened =337 | Naas G.H Total number screened = 170 | Cork U.H Total number screened = 56* | Total = 944 |
|--|--|---|---|---|------------------------|
| No further intervention | 46% (n=177) | 60% (n=202) | 41% (n=70) | 19% (n=11) | 49% (n=460) |
| Brief advice | 41% (n=157) | 30% (n=101) | 33% (n=56) | 56% (n=31) | 36% (n=345) |
| Referral to specialist services | 11% (n=41) | 3.5% (n=12) | 12.5% (n=21) | 16% (n=9) | 9% (n=83) |
| Declined to take part | 2% (N=6) | 6.5% (n=22) | 13.5% (n=23) | 9% (n=5) | 6% (n=56) |



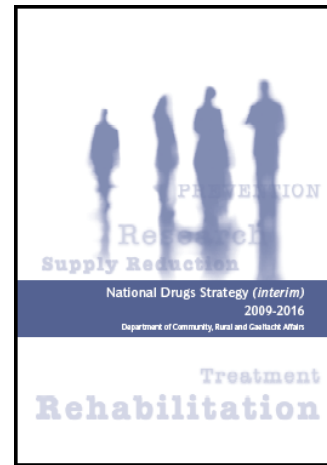
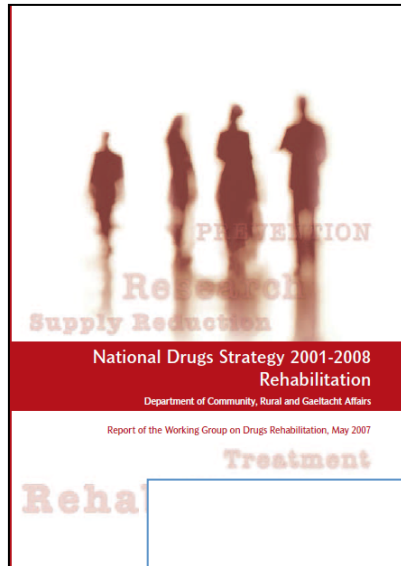
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James O'Shea, Paul Gaff and Ruth Armstrong

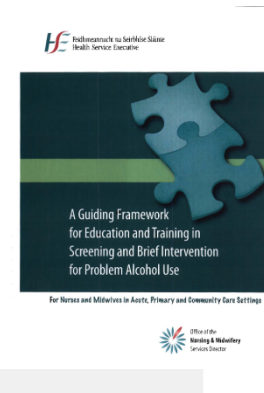


2nd Edition 2017





Reducing Harm,
Supporting Recovery
A health-led response to drug
and alcohol use in Ireland 2017-2025



Brief Intervention



What is brief intervention ?

Non-
healthcare
settings

5 – 25
mins

A short, structured
and helpful
conversation about
alcohol and/or
drugs

What is brief intervention?

?

Face-to-face

Online chat

Telephone helpline

Self-help online

Combination

A brief intervention is that which

- Is delivered with the aim of preventing substance use, delaying initiation of substance use, reducing risk of harmful use
- May include MI or other therapeutic approaches
- Does not provide a long-term treatment programme
- Does not necessarily target people who are dependent but can be used when the nature and extent of drug use is still unclear
- Is an early intervention which may lead to referral to treatment

SAOR

Provides the
structure to have a
face-to-face
conversation

Evidence

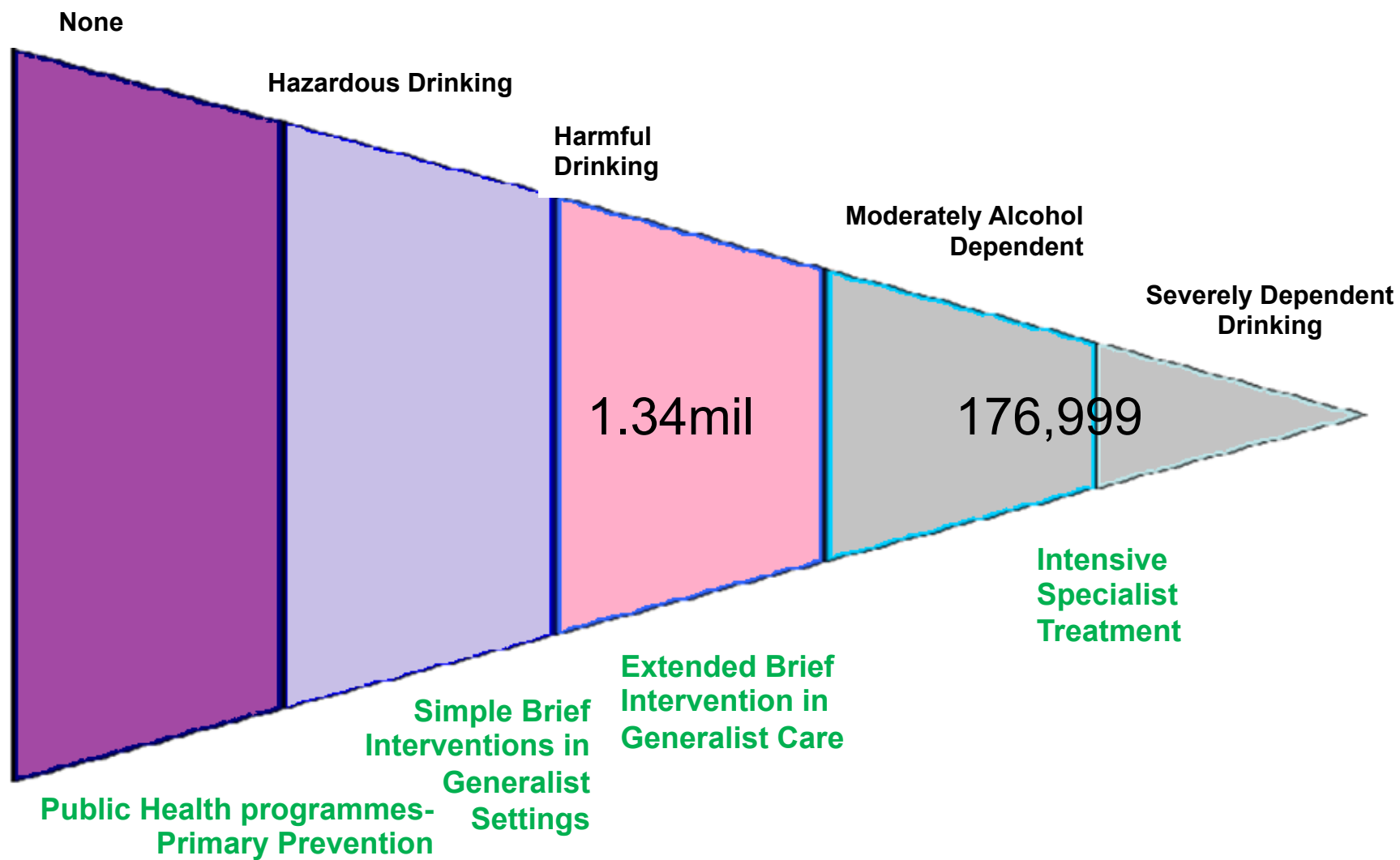


Is Screening and Brief Intervention effective?

- Over 30 years of research examining impact of SBI in primary care and (more recently) other settings
- 24 systematic reviews covering at least 56 high quality studies in Primary Care alone (O'Donnell et al 2014)



- BI for drug use is effective in a variety of medical settings (Madras et al 2009)
- Effectiveness of a single clinician delivered BI to reduce alcohol and drug use
- Opiate-dependent methadone maintained people
- Reduction in substance use within a methadone maintained opiate-dependent cohort
- Effect sustained at 3-month follow up (Assist project)



SAOR: key elements



SAOR



SAOR

Supports

- Builds up trust
- Helps person to open up & talk

Asks & Assesses

- Gets a description of the drinking
- Gauges readiness to change

Offers Assistance

- Gives information on menu of choices
- Agrees next step

Refers

- Gets help for person
- Links them with the right supports

Opportunities



What do we know?

Harm caused by binge use/excessive use on an occasion

Drug and alcohol use in nightlife settings viewed as 'the norm'

Wider range of substances, unknown

EMCDDA (2017) Health and social responses to drug problems

Good practice

Coordinated
multicomponent
interventions

Drug-checking
services

Training – high
turnover staff

Harm reduction
materials (in
conjunction with
other
interventions)

EMCDDA (2017) Health and social responses to drug problems

Where can we use SAOR BI?

During drug-
testing process

A&E

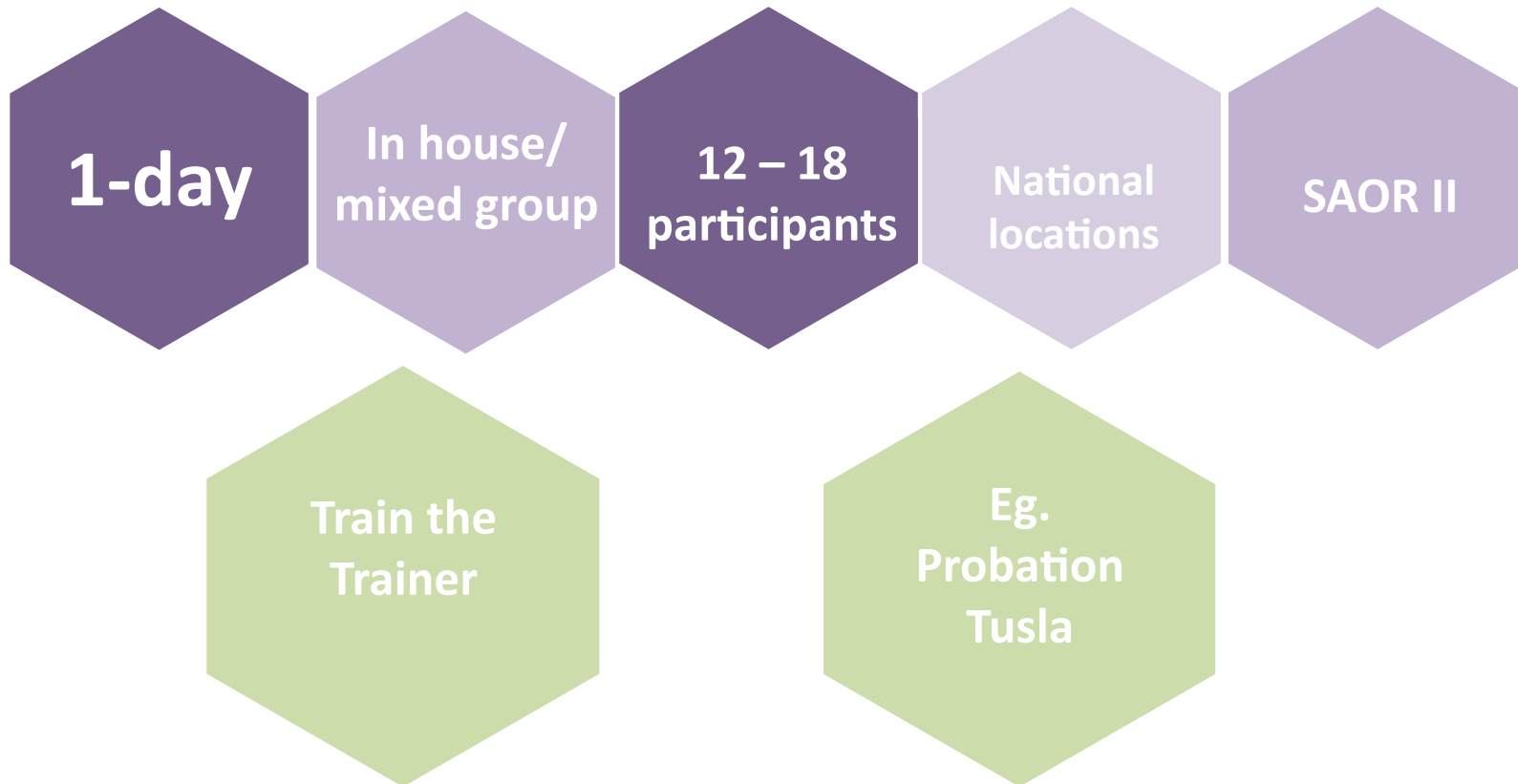
Police
interactions

General healthcare
settings

Training



SAOR training:



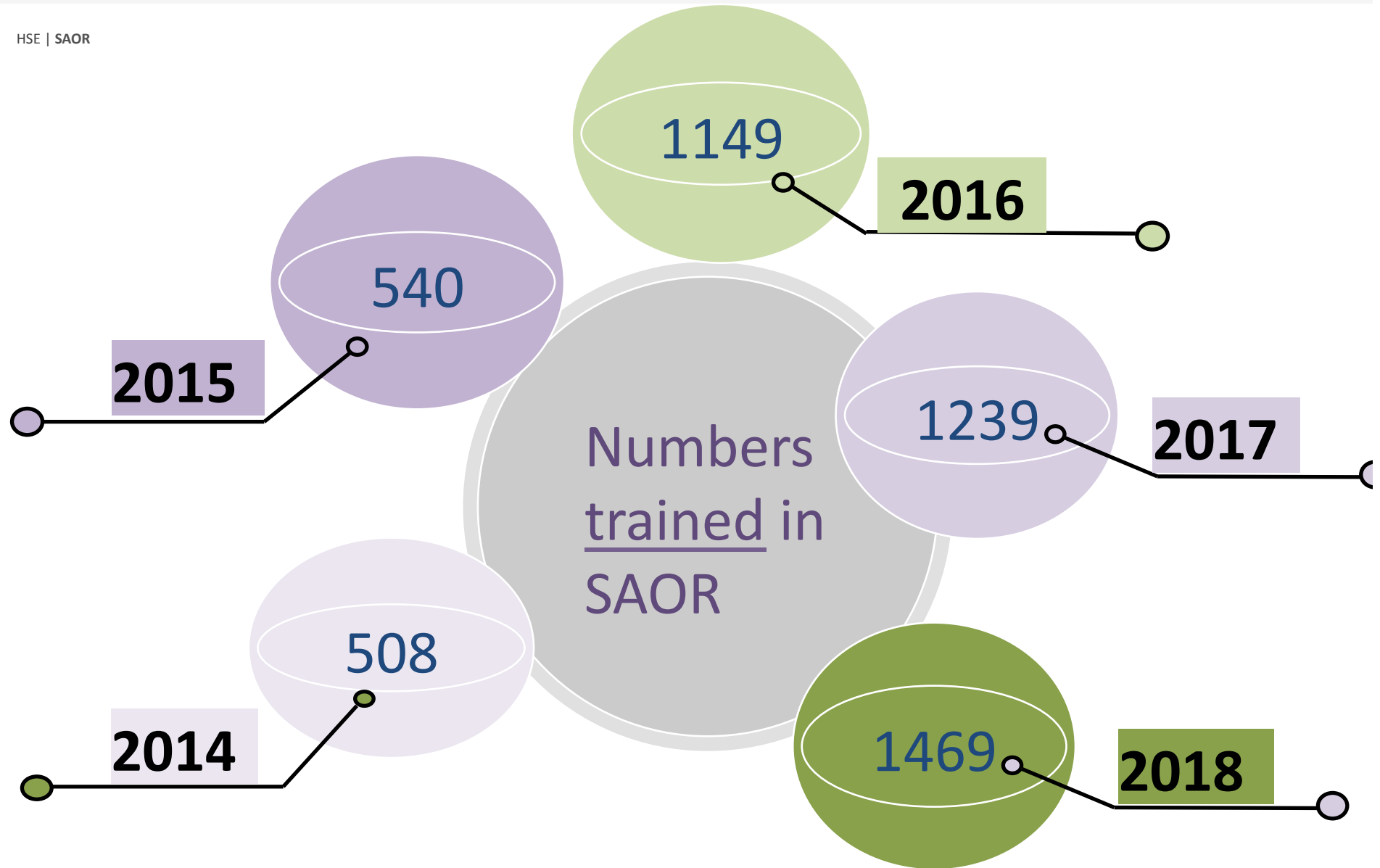
Upon completing the 1 day course participants should be able to...

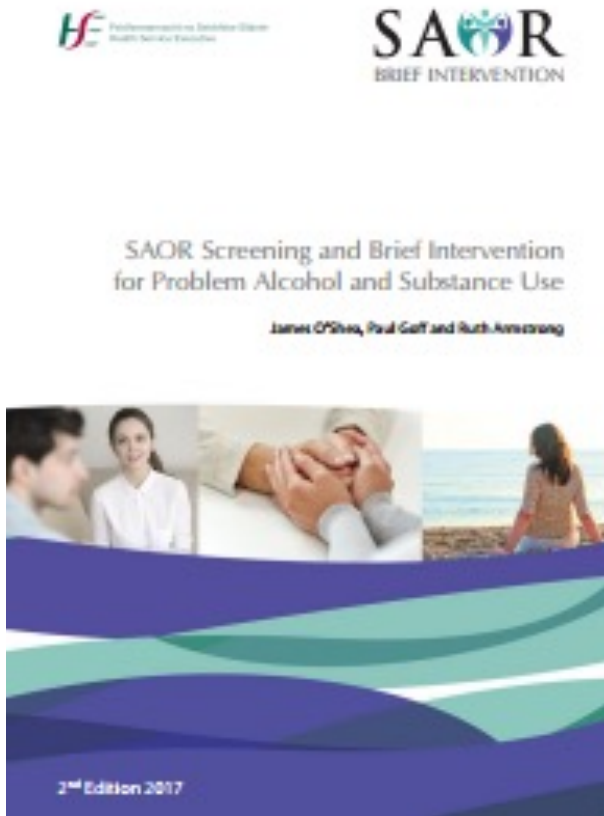
Apply the theory from the SAOR online module to their practice

Identify opportunities to conduct a brief intervention

Demonstrate appropriate brief intervention skills using the SAOR model

Identify appropriate alcohol and other drugs care pathways





<https://www.hse.ie/eng/about/who/primarycare/socialinclusion/>



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